

MEDICATIONS

Are all medicines stored in the containers that they came in and are they clearly marked?

Medications that are not clearly and accurately labeled can be easily mixed up. Taking the wrong medicine or missing a dosage of medicine you need can be dangerous.

YES NO

- Be sure that all containers are clearly marked with the contents, doctor's instructions, expiration date, and patient's name.
- Dispose of outdated medicines properly.
- Request non-child-resistant caps from the pharmacist if your loved one cannot open child-resistant caps.
- Use a pill dispenser if they take several medications daily. Filling a pillbox may take a few extra moments once a week and reduces the chance of errors. The pillbox will also help indicate if they are taking the medications as prescribed. Using a weekly dispenser will help remind you to refill prescriptions before the last pill is gone.

Tip: Many poisonings occur when children visiting grandparents go through the medicine cabinet or their grandmother's purse. In homes where grandchildren or other youngsters are frequent visitors, medicines should be purchased in containers with child-resistant caps, and the caps closed properly after each use. Always store medicines beyond the reach of children.